

THE Spirit OF THE HORSE

and the Law of Attraction

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Art by Jan Taylor

The spirit of a horse. From the Latin word 'inspiri' or breath. Breathing ... taking in ... the filling up. These are often our reactions to horses.

Whether you are among the blessed who have a horse in your present daily life—or merely find yourself drawn to photos and stories and movies about them—you may suspect a sacred bond with horses. It is a connection beyond words, beyond description and felt deep in the hearts of women, often taking root in childhood.

An old cowboy once told me he thought 14 out of 10 girls loved horses, and my life has shown me that he was indeed correct! I was one of those little girls. My first memories are ones of standing up in the back seat of my dad's powder blue Plymouth shouting "horsey horsey" as we passed the neighbors pastures. The equine bond was born in me. Not in my DNA, mind you. My heritage doesn't include a farmer or a rancher, and yet somehow, mysteriously, in my very cells was born this potent draw to all horses. My father was a professor of mechanical engineering who spoke to me of the laws of physics to explain the forces of our universe. As a young girl, I used the physical laws of the universe to align myself with horses.

The Law of Attraction was at my fingertips before I ever knew exactly what it meant. Looking back, I am sure he thought he was raising a future engineer; however, in my spirit and soul, I was hearing the very secret to manifestation. And what I


desired more than anything else was to manifest horses into my reality—in any way, shape or form. I set forth with an understanding that the Law of Attraction meant that whatever I focused upon and totally trusted (rather than

questioned) was meant to be my reality. I knew it was important to control the energy of my thoughts. It was important to keep my thoughts sure and positive. Even in the face of my parents saying "no way" to my owning a horse, I knew I had to be absolutely sure that it was happening. I chose to stay clear in my vision of what was to be—and never to question that it would be so. "It is" was my mantra not "I hope."

True to the Law of Attraction, what I focused upon would expand. I was one of the lucky ones. By age 11, I owned my own horse. Since then through the decades, I have continued to love, care for, breed, raise, and show and, in every way, drink in horses.

Horses have been a motivating factor for many young women to learn the art of manifestation, even though most of them have not identified it as such a process as the Law of Attraction. From the beginning of time, nothing has ever taken on material shape existence, or form, without first being visualized and held in the mind of the seer. A person who peered ahead of what is in their present reality to what is truth and becoming their new reality.

When being with horses is a soul's sincere desire, it is a work rooted in love. Horses have touched the hearts of many young girls and women, and thus, inspiring them. Breathing into them that long flame of desire to be close to all equine beings. We long to brush them and braid their tails, to smell their scent, to ride them and to share with them our most precious secrets.

The Law of Attraction is simple really—it states you will achieve what you think and feel. If you hold positive thoughts then you will witness positive things in your reality. It's important to note that the reverse is also true. Your thoughts both conscious and unconscious affect your reality through vibration. Horses read each other and their entire world through vibrations to survive. They are excellent teachers of many basic lessons in life, one of which is reading energy to sense all safety and information. Through this inexplicable desire to just be with another being, in this special way, many women have found their very souls filled more deeply than going to the finest spa. Their closeness to their higher power is deepened more fully than any church service and their loneliness is extinguished through the companionship with these living creatures. 

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